



**VAIL SCHOOL DISTRICT
BREAKFAST – AUGUST 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Students MUST Select At Least 3 Items For Breakfast.</p> <p>One Of The 3 Items MUST Be A Fruit.</p> <p>All Breakfast Entrees Count as Two Items</p>	<p>Nutritional information is available at the food service office.</p> <p>Menus subject to change without notice.</p>	<p>1</p> <p>Whole Wheat Pancakes W/ Turkey Sausage OR Chocolate Chip Ultimate Breakfast Bar OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>2</p> <p>Turkey Sausage & Cheese Muffin OR Cereal Bar & String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>3</p> <p>Whole Grain Breakfast Pizza OR Cinnamon Mini Cinni's</p> <p>OR</p> <p>Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>
<p>6</p> <p>Waffles w/Turkey Sausage OR Cereal Bar & String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>7</p> <p>Breakfast Burrito</p> <p>OR</p> <p>Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>	<p>8</p> <p>Whole Grain Breakfast Pizza OR Cinnamon Mini Cinni's</p> <p>OR</p> <p>Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>9</p> <p>Cheesy Eggs & Toast</p> <p>OR</p> <p>Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>10</p> <p>Turkey Sausage & Cheese Bagelwich OR Chocolate Chip Ultimate Breakfast Bar OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>
<p>13</p> <p>Whole Wheat Pancakes W/ Turkey Sausage OR Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>14</p> <p>Cheesy Eggs & Toast</p> <p>OR</p> <p>Cereal Bar & String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>	<p>15</p> <p>Blueberry Breakfast on a Stick OR Chocolate Chip Ultimate Breakfast Bar OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>16</p> <p>Whole Grain Breakfast Pizza OR Cinnamon Mini Cinni's</p> <p>OR</p> <p>Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>17</p> <p>Turkey Sausage & Cheese Muffin OR Cereal Bar & String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>
<p>20</p> <p>Waffles w/Turkey Sausage OR Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>21</p> <p>Whole Grain Breakfast Pizza OR Chocolate Chip Ultimate Breakfast Bar OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>	<p>22</p> <p>Whole Wheat Pancakes W/ Turkey Sausage OR Stuffed Bagel</p> <p>OR</p> <p>Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>23</p> <p>Breakfast Burrito</p> <p>OR</p> <p>Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>24</p> <p>Breakfast on a Stick</p> <p>OR</p> <p>Cereal Bar w/String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>
<p>27</p> <p>Blueberry Breakfast on a Stick OR Trix Yogurt w/Graham Crackers OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>28</p> <p>Cheesy Eggs & Toast</p> <p>OR</p> <p>Cereal Bar w/String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>	<p>29</p> <p>Whole Wheat Pancakes W/ Turkey Sausage OR Chocolate Chip Ultimate Breakfast Bar OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>30</p> <p>Turkey Sausage & Cheese Muffin OR Cereal Bar & String Cheese OR Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit 1% and Fat Free Milk</p>	<p>31</p> <p>Whole Grain Breakfast Pizza OR Cinnamon Mini Cinni's</p> <p>OR</p> <p>Assorted Whole Grain Cereal w/ Wheat Toast</p> <p>Fruit Juice 1% and Fat Free Milk</p>

“This institution is an equal opportunity provider.”