



Vail School District MIDDLE SCHOOL LUNCH MENU August 21 - 25, 2017



REVOLVE	HONOR ROLL	FIESTA	UPPER CRUST	FAST TAKES
Monday Chicken Philly Hot Sub Veggie / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk	Monday Chicken Patty Sandwich FEATURED INTERNATIONAL BURGER THE TRATTORIA BURGER Veggie / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk	Monday Bean & Cheese Burrito Veggie / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk	Monday Pepperoni Pizza OR Cheese Pizza Veggie / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk	Monday Turkey & Cheese Sub OR Buffalo Chicken Salad w/ Dinner Roll Veggie / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk
Tuesday Chicken Fried Steak w/ Dinner Roll Veggie / Fruit / Milk Mashed Potatoes/ Gravy Fruit 1% or Fat Free Milk	Tuesday BBQ Riblet Sandwich FEATURED INTERNATIONAL BURGER THE TRATTORIA BURGER Veggie / Fruit / Milk Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	Tuesday Beefy Nachos Veggie / Fruit / Milk Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	Tuesday Sausage Pizza OR Cheese Pizza Veggie / Fruit / Milk Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	Tuesday Sun Butter & Jelly Sandwich w/ Cheese Stick OR Crispy Chicken Salad w/ Dinner Roll Veggie / Fruit / Milk Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk
Wednesday Beefy Mac Casserole w/ Dinner Roll Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Wednesday Chicken Patty Sandwich FEATURED INTERNATIONAL BURGER THE TRATTORIA BURGER Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Wednesday Beefy Nacho Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Wednesday Pepperoni Pizza OR Cheese Pizza Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk	Wednesday Buffalo Chicken Wrap OR Chef Salad w/ Dinner Roll Veggie / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk
Thursday Italian Meatball Sub Veggie / Fruit / Milk Carrots Fruit 1% or Fat Free Milk	Thursday BBQ Riblet Sandwich FEATURED INTERNATIONAL BURGER THE TRATTORIA BURGER Veggie / Fruit / Milk Carrots Fruit 1% or Fat Free Milk	Thursday Tacos Veggie / Fruit / Milk Carrots Fruit 1% or Fat Free Milk	Thursday Supreme Pizza OR Cheese Pizza Veggie / Fruit / Milk Carrots Fruit 1% or Fat Free Milk	Thursday Club Sub OR Buffalo Chicken Salad w/ Dinner Roll Veggie / Fruit / Milk Carrots Fruit 1% or Fat Free Milk
Friday Chicken Broccoli Stir Fry Veggie / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk	Friday Shredded BBQ Pork Sandwich FEATURED INTERNATIONAL BURGER THE TRATTORIA BURGER Veggie / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk	Friday Bean & Cheese Burrito Veggie / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk	Friday Buffalo Chicken Pizza OR Cheese Pizza Veggie / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk	Friday Italian Sub OR BLT Salad w/ Dinner Roll Veggie / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk

DYK FACT: HONEY IS THE ONLY NATURAL FOOD THAT NEVER SPOILS!

Students **MUST** select 3 out of the 5 meal components.

One of the 3 components selected **MUST** be a fruit or vegetable.

Menu subject to change without notice.

“USDA is an equal opportunity provider.”

