



# Vail School District MIDDLE SCHOOL LUNCH MENU August 7 - 11, 2017



| REVOLVE   | HONOR ROLL  | FIESTA  | UPPER CRUST   | FAST TAKES   |
|---|---|---|---|--|
| <b>Monday</b><br>Chili Frito Pie w/ Dinner Roll                               | <b>Monday</b><br>Chicken Patty Sandwich<br><b>FEATURED</b><br><b>INTERNATIONAL BURGER</b><br>The Maximum Mexican Burger   | <b>Monday</b><br>Beefy Nachos   | <b>Monday</b><br>Pepperoni Pizza<br>OR<br>Cheese Pizza                        | <b>Monday</b><br>Turkey & Cheese Sub<br>OR<br>Buffalo Chicken Salad w/<br>Dinner Roll    |
| <u>Veggie / Fruit / Milk</u><br>Green Beans<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Green Beans<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Green Beans<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Green Beans<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Green Beans<br>Fruit<br>1% or Fat Free Milk              |
| <b>Tuesday</b><br>Chicken Alfredo Pasta w/<br>Bread Stick                     | <b>Tuesday</b><br>Bacon Cheeseburger<br><b>FEATURED</b><br><b>INTERNATIONAL BURGER</b><br>The Maximum Mexican Burger      | <b>Tuesday</b><br>Beefy Nachos  | <b>Tuesday</b><br>Sausage Pizza<br>OR<br>Cheese Pizza                         | <b>Tuesday</b><br>Turkey Ham & Cheese Sub<br>OR<br>Crispy Chicken Salad<br>w/Dinner Roll |
| <u>Veggie / Fruit / Milk</u><br>Carrots<br>Fruit<br>1% or Fat Free Milk       | <u>Veggie / Fruit / Milk</u><br>Carrots<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Carrots<br>Fruit<br>1% or Fat Free Milk       | <u>Veggie / Fruit / Milk</u><br>Carrots<br>Fruit<br>1% or Fat Free Milk       | <u>Veggie / Fruit / Milk</u><br>Carrots<br>Fruit<br>1% or Fat Free Milk                  |
| <b>Wednesday</b><br>Chicken Fajita w/ Spanish<br>Rice                         | <b>Wednesday</b><br>Corn Dog<br><b>FEATURED</b><br><b>INTERNATIONAL BURGER</b><br>The Maximum Mexican Burger              | <b>Wednesday</b><br>Bean & Cheese Burrito                                     | <b>Wednesday</b><br>Pepperoni Pizza<br>OR<br>Cheese Pizza                     | <b>Wednesday</b><br>American Sub<br>OR<br>Chef Salad w/ Dinner Roll                      |
| <u>Veggie / Fruit / Milk</u><br>Refried Beans<br>Fruit<br>1% or Fat Free Milk | <u>Veggie / Fruit / Milk</u><br>Refried Beans<br>Fruit<br>1% or Fat Free Milk   | <u>Veggie / Fruit / Milk</u><br>Refried Beans<br>Fruit<br>1% or Fat Free Milk | <u>Veggie / Fruit / Milk</u><br>Refried Beans<br>Fruit<br>1% or Fat Free Milk | <u>Veggie / Fruit / Milk</u><br>Refried Beans<br>Fruit<br>1% or Fat Free Milk            |
| <b>Thursday</b><br>Hot Philly Cheese Steak Sub                                | <b>Thursday</b><br>Chicken Patty Sandwich<br><b>FEATURED</b><br><b>INTERNATIONAL BURGER</b><br>The Maximum Mexican Burger | <b>Thursday</b><br>Nachos   | <b>Thursday</b><br>Sausage Stromboli<br>OR<br>Cheese Pizza                    | <b>Thursday</b><br>Southwest Wrap<br>OR<br>Buffalo Chicken Salad w/<br>Dinner Roll       |
| <u>Veggie / Fruit / Milk</u><br>Broccoli<br>Fruit<br>1% or Fat Free Milk      | <u>Veggie / Fruit / Milk</u><br>Broccoli<br>Fruit<br>1% or Fat Free Milk  | <u>Veggie / Fruit / Milk</u><br>Broccoli<br>Fruit<br>1% or Fat Free Milk      | <u>Veggie / Fruit / Milk</u><br>Broccoli<br>Fruit<br>1% or Fat Free Milk      | <u>Veggie / Fruit / Milk</u><br>Broccoli<br>Fruit<br>1% or Fat Free Milk                 |
| <b>Friday</b><br>Orange Chicken w/ Brown<br>Rice                              | <b>Friday</b><br>Bacon Cheeseburger<br><b>FEATURED</b><br><b>INTERNATIONAL BURGER</b><br>The Maximum Mexican Burger       | <b>Friday</b><br>Bean & Cheese Burrito  | <b>Friday</b><br>Buffalo Chicken Pizza<br>OR<br>Cheese Pizza                  | <b>Friday</b><br>Italian Sub<br>OR<br>BLT Salad w/ Dinner Roll                           |
| <u>Veggie / Fruit / Milk</u><br>Corn<br>Fruit<br>1% or Fat Free Milk          | <u>Veggie / Fruit / Milk</u><br>Corn<br>Fruit<br>1% or Fat Free Milk  | <u>Veggie / Fruit / Milk</u><br>Corn<br>Fruit<br>1% or Fat Free Milk          | <u>Veggie / Fruit / Milk</u><br>Corn<br>Fruit<br>1% or Fat Free Milk          | <u>Veggie / Fruit / Milk</u><br>Corn<br>Fruit<br>1% or Fat Free Milk                     |

**DYK FACT: THIS WEEK IS NATIONAL EXERCISE WITH YOUR CHILD WEEK!**

Students **MUST** select 3 out of the 5 meal components.  
One of the 3 components selected **MUST** be a fruit or vegetable.

**“USDA is an equal opportunity provider.”**

**Menu subject to change without notice.**

